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Mental Disorders among Vietnamese Adolescents: A Cross-sectional Study

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ABSTRACT This study aimed to investigate prevalence of mental disorders among Vietnamese adolescents; comparison of levels of mental disorders between boys and girls, between rural and urban areas, and between grades. 822 adolescents in the Central and Central Highlands regions of Vietnam voluntarily took part in the survey. The Strengths and Difficulties Questionnaire was used to assess mental disorders among adolescents. Descriptive statistical analysis and Independent Sample T-Test were used to examine the hypotheses. Results showed that 37.7 percent of adolescents have mental disorders; girls have higher levels of emotional symptoms than boys; older adolescents have higher levels of peer problems than younger adolescents; adolescents in urban areas have higher levels of emotional disorders, conduct problems and hyperactivity than adolescents in rural areas.